High School Lunch Menu

SEPTEMBER - FEBRUARY

(Option 1w)

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	**Crispy Nacho Chicken** Garlic Mayo Dip (v) Seasoned Wedges (vg)	**Traditional Minced Beef Lasagne** Garlic Bread Slice (v) Mixed Salad (vg)	**Buttery Chicken Tikka** Steamed Rice (v) Naan Bread (v)	**Rich Vegetable Ragu with Penne Pasta (v)** Oven Baked Crusty Bread (v)	**Battered Fish Fillet** Chips (vg) Tartare Sauce (v)
Vegetarian/ Vegan	**Classic Mac & Cheese (v)** Hash Browns (v) Mixed Salad (vg)	**Traditional Vegetable Lasagne (v)** Garlic Bread Slice (v) Mixed Salad (vg)	**Quorn Parmo (v)** Crispy Roast Potatoes (v)	**Creamy Sweetcorn Pot Pie (v)** Mashed Potato (v)	**Quorn Frankfurter in a Bun (v)** Chips (vg) Mixed Salad (vg)
Halal Option (if required)	**Crispy Nacho Chicken** Garlic Mayo Dip (v) Seasoned Wedges (vg)	**Traditional Minced Beef Lasagne** Garlic Bread Slice (v) Mixed Salad (vg)	**Buttery Chicken Tikka** Steamed Rice (v) Mixed Salad (vg)	**Choice of Above (v)**	**Quorn Frankfurter in a Bun (v)** Chips (vg) Mixed Salad (vg)
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognaise, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Oaty Fruit Cookie (v)	Frozen Yoghurt or Fresh Fruit Pot (v)	Chocolate Orange Sponge with Chocolate Custard (v)	Pancakes with Golden Syrup & Sliced Banana (v)	Lemon Curd Muffin (v)

Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?

WEEK 1	WEEK 2	WEEK 3
01 Sept 25	08 Sept 25	15 Sept 25
22 Sept 25	29 Sept 25	06 Oct 25
13 Oct 25	20 Oct 25	03 Nov 25
10 Nov 25	17 Nov 25	24 Nov 25
01 dec 25	08 Dec 25	15 Dec 25
05 Jan 26	12 Jan 26	19 Jan 26
26 Jan 26	02 Feb 26	09 Feb 26

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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SEPTEMBER - FEBRUARY

(Option 1w)

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	**Melting Quorn Meatball Sub with BBQ Sauce (v)** Seasoned Wedges (vg)	**All Day-Breakfast** (Pork Sausage, Hash Brown, Beans, Omelette)	**Classic Chicken Korma Curry** Steamed Rice (vg) Naan Bread (v)	**Traditional Mince & Dumplings** Mashed Potato (v)	**Breaded Cod Fishcake** Chips (vg)
Vegetarian/ Vegan	**Rich Pasta Napoli (v)** Focaccia Bread (vg)	**All Day-Breakfast (v)** (Quorn Sausage, Hash Brown, Beans, Omelette)	**Classic Quorn Korma Curry (v)** Steamed Rice (vg) Naan Bread (v)	**Traditional Quorn Mince & Dumplings (v)** Mashed Potato (v)	**Red Pepper & Paprika Pasta Bake (v)** Garlic Bread Slice (v)
Halal Option (if required)	**Choice of Above (v)**	**All Day-Breakfast** (Chicken Sausage, Hash Brown, Beans, Omelette)	**Classic Chicken Korma Curry** Steamed Rice (vg) Naan Bread (v)	**Traditional Mince & Dumplings** Mashed Potato (v)	**Choice of Above**
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognaise, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Chocolate Muffin (v)	Sticky Toffee Pudding with Custard (v)	Lemon Drizzle Cake (v)	Oaty Cookie (v)	Jam Sponge with Custard (v)

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Newcastle City Council

High School Lunch Menu

SEPTEMBER - FEBRUARY

(Option 1w)

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	**Oven Baked Pork Sausage Yorkshire Pudding** Mashed Potato (v)	**Creamy Chicken & Ham Pie** Mini Roast Potatoes (v)	**Classic Beefburger with Cheese** Spicy Wedges (v) Mixed Salad (vg)	**Soy & Ginger Chicken Noodle Pot with Spring Onions**	**Fish Finger Bap** Tomato Dip (v) Chips (vg)
Vegetarian/ Vegan	**Oven Baked Quorn Sausage Yorkshire Pudding (v)** Mashed Potato (v)	**Indian Style Cauliflower Dahl (v)** Steamed Rice (vg) Naan Bread (v)	**Classic Quorn Burger with Cheese (v)** Spicy Wedges (v) Mixed Salad (vg)	**Soy & Ginger Vegetable Noodle Pot with Spring Onions (v)**	**Tomato & Basil Pasta Bake (v)** Garlic Dough Balls (v)
Halal Option (if required)	**Oven Baked Chicken Sausage Yorkshire Pudding** Mashed Potato (v)	**Creamy Chicken & Leek Pie** Mini Roast Potatoes (v)	**Chicken Stack Burger** Spicy Wedges (v) Mixed Salad (vg)	**Soy & Ginger Chicken Noodle Pot with Spring Onions**	**Choice of Above**
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognaise, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Apple Crumble with Vanilla Custard (v)	Lemon Shortbread (v)	Frozen Yoghurt or Fresh Fruit Pot (v)	Fruity Flapjack & Custard (v)	Vanilla Muffin (v)

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