



ST CUTHBERT'S
— CATHOLIC HIGH SCHOOL —

OCR CTECH Sport & Physical Activity

SIXTH FORM PREPARATION MATERIALS

St Cuthbert's Catholic High School Sixth Form	
Recommended Reading	CTECH Sport and Physical Activity Specification: https://www.ocr.org.uk/qualifications/cambridge-technical/sport-and-physical-activity/
Watch (documentaries)	Quarterback (Netflix) – Sports Leadership https://www.netflix.com/title/81482895 FIFA Uncovered (Netflix) – Sports Organisation & Development https://www.netflix.com/title/80221113 Breaking Point (Netflix) – Sports Psychology https://www.netflix.com/title/81569920
Channels	The Overlap (Gary Neville) Eddie Howe Interview – Sports Leadership https://www.youtube.com/watch?v=p6ihWYm8waY&t=654s The Overlap (Gay Neville) Frank Lampard Interview – Sports Leadership https://www.youtube.com/watch?v=sOrfD3Dumus CTECH Sport The Ever Learner Unit 1 Revision Guide https://www.youtube.com/watch?v=SANoHxDZfgc