



ST CUTHBERT'S

— CATHOLIC HIGH SCHOOL —

AQA A Level PE

SIXTH FORM PREPARATION MATERIALS

St Cuthbert's Catholic High School Sixth Form	
Recommended Reading	AQA A level PE Specification: https://www.aqa.org.uk/subjects/physical-education/a-level/physical-education-7582/specification-at-a-glance
Watch (documentaries)	Icarus Documentary (Netflix) – Drugs in Sport https://www.netflix.com/title/80168079 The English Games (Netflix) – Social Historical https://www.netflix.com/title/80244928 Full Swing Season 2 EP 3 (Netflix) – Sports Psychology https://www.netflix.com/title/81483353 The Game Changers – Exercise Physiology https://www.netflix.com/title/81157840
Channels	James Morris AQA PE: https://www.youtube.com/@jamesmorris857 The Overlap (Gary Neville) Anthony Gordon Interview – Sports Psychology: https://www.youtube.com/watch?v=0xhieDGrrts The Overlap (Gary Neville) Eddie Howe Interview – Sports Psychology https://www.youtube.com/watch?v=p6ihWYm8waY&t=654s