



FAMILIES UPDATE WEEK 4

29th September 2023

Dear Parent/Carer

On Wednesday, the Church celebrated the Feast of St Vincent De Paul. His life, work, witness and spirituality has influenced men and women across the centuries to stand with the poor.

“Vincent makes a clear explicit choice: ‘All aim at loving him, but they love him in different ways: Carthusians by solitude; Capuchins by poverty; others, again, by singing his praises. But we are bound to show it by leading the people to love God and their neighbour.’ The vision Vincent offers is not one of Christ as teacher, nor as healer, nor as “perfect adorer of the Father” (the vision of Berulle), nor “perfect image of the divinity” (the vision of Francis de Sales), but of Evangelizer of the poor. Vincent’s disciples are called to enter into the following of Christ in the very terms with which, in Luke’s gospel, Jesus opens his public ministry: ‘The Spirit of the Lord is upon me; therefore he has anointed me. He has sent me to bring glad tidings of joy to the poor...’ In Luke’s perspective, a new age is dawning. Jesus announces the good news of the kingdom to all, but especially to the poor, the weak, the lowly, the outcasts of the world.”

(Maloney, The Way of St. Vincent de Paul, p.22-23)

This week, perhaps we can pray for the Vincentian Family and the work of the DePaul Trust in housing homeless youth and for the St Vincent de Paul Society whose volunteers turn their concern into action every day, to serve Christ in the poor. In what ways do you “bring good news to the poor?”

Wishing you and your families a restful and restorative weekend.

Yours sincerely

Daniel P. Murray
Headmaster

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The week beginning Monday 2nd October will be **Week A**

General Information

Success4All Learning Hubs: Where children and young people can receive support from a volunteer peer tutor befriender, with their homework, extra study practice, revision guidance or exam practice. See details [here](#).

Scholars buses/Public Transport: The trade union representing drivers at Go Northeast has announced strike action for the following dates:

- Saturday 30 September - Friday 6 October inclusive
- Saturday 14 October - Friday 20 October inclusive

Go Northeast have said they will do their best to run as many of their school services during the strikes as they can. Updates can be found on their website [here](#).

They remain engaged in talks with their trade union and are committed to finding a resolution that averts strike action.

Lost Property: There are a large number of items in lost property with no names on. These can be reclaimed from pupil reception. Any items not claimed by Friday 6th October will be recycled.

Flu Immunisation Programme: Friday 15th December 2023 (Years 7 - 11)

This vaccination programme is in place to help protect your child against flu. The vaccine will help prevent them catching the flu. Vaccinating your child will also help protect vulnerable friends and family by reducing the spread of flu. The intra-nasal flu vaccine is the most effective protection for your child against flu.

The online consent can be accessed via any online device.

Please click on the following link <https://www.northumbriaimmunisations.co.uk/Forms/Flu> which will direct you to an online consent form for you to complete using the following school code **NB137900**

If you decide you do not want your child to receive the flu vaccination, please complete a non-consent form. If in the past you have refused the intra-nasal flu due to porcine gelatin content, please complete the online IM consent form.

If you have any queries regarding the online consent form or the Flu vaccine please contact the Northumbria Healthcare School Aged Immunisation Service on **0191 2828977** or <https://www.northumbria.nhs.uk/our-services/childrens-services/immunisations/>

Co-Curricular PE Clubs		
Day	Lunch Time	After School
	12.20pm - 12.55pm	3.15pm - 4.15pm
Monday	Table Tennis (Year 9, 10 and 11) Basketball (Year 7 & 8)	Basketball Club (Year 7 and 8) with Newcastle Eagles Coach
Tuesday	Year 10 - 11 Exam PE Table Tennis and Badminton Year 10 & 11 Fitness Club	Year 10 Football Open Training
Wednesday	Basketball (Year 9, 10 and 11)	Basketball Club (Year 9,10 and 11) with Newcastle Eagles Coach

	Table Tennis (Year 7 & 8) Year 10 & 11 Fitness Club	Year 11 Football Open Training
Thursday	Badminton (Year 9, 10 and 11) Dodgeball (Year 7 and 8) Year 10 & 11 Fitness Club	Year 7 Football Training
Friday	Year 10 & 11 Exam PE Table Tennis	Sixth Form Volleyball Club

Fixtures this week				
Year Group	Vs	Day/Date	Venue	Kick Off Time
Year 9 Football CVL	Multiple Teams	Tuesday 3 rd October	St Cuthbert's	4.00pm
Year 8 County Cup	Bede Academy	Wednesday 4 th October	Bede Academy	4.00pm
Sixth Form Football	Ponteland	Wednesday 4 th October	St Cuthbert's	2.00pm
Sixth Form Basketball CVL	Multiple Teams	Thursday 5 th October	Jesmond Park Academy	4.00pm

Exit from school: At the end of all home and away fixtures, if pupils are being collected by parents and carers, they should be picked up at the Gretna Road entrance to the school.

PE Kit: Could we please remind parents that pupils/students must bring PE kit to every lesson? If a pupil is ill or injured, please write a note stating what the issue is and the PE staff will provide the pupil with another role within the lesson ensuring that their learning and progress continues.

Lost PE Kit: At the end of each academic week, any PE kit that has been left in the PE Department will be transferred to student reception.



Please follow [StCuthbertsCC](https://twitter.com/StCuthbertsCC) on Twitter for updated results.



Year 13 - Our next assessment process starts on 9th October. Your son has been given a timetable for these assessments and has been made aware by his teaching staff of the content that is being assessed. These tests offer your son the opportunity to improve his UCAS predicted grade. Progress sheets highlighting progress and achievement for these assessments will be posted out in due course. Formal 'Mock' exams begin on 18th January 2024.

Year 12 - 'Supporting your Son' evening is on 17th October. This will keep parents up to speed with the working practices in Sixth Form and give parents an opportunity to meet the Sixth Form Team.

Lecture Series - We have been invited to a lecture series by Dame Allan's, this is a fantastic **free** opportunity to listen to some exceptional guest speakers. Book your tickets for this special event [here](#). This information has been shared with the students on their IAG Teams page.

PSHE at Home

	Big Question	Sub-unit	Week 4 lesson title	PSHE at home Task
Year 7	How do I become a 'man for others?'	Why should I care for others?	How can I be a good son?	Have an open conversation with your son about what you think makes a good son. What is he brilliant at? What could he improve? What advice could you give to make him a better son? Were you a good child to your parents? Could you include a grandparent in this conversation?
Year 8		Why should I celebrate differences?	Why should I celebrate people with disabilities?	Prejudging disabled people - celebrity interview Play the interview of Alison Lapper talking about how society judges her as disabled and 'different' before her talent as a famous artist: https://www.youtube.com/watch?v=1iz2TLBLWhA&ab_channel=ITV_News Discuss society's prejudiced views towards Alison. How do people treat her? How does it make her feel? Were your attitudes challenged by the video?
Year 9		What is Catholic Social Teaching?	How can I help to create a healthy community where the poor and vulnerable come first?	Discuss with your son what a 'healthy, positive community' would look like. In this community where would the poor be placed and why? Both share positive experiences of community you've experienced.
Year 10		What is Laudato Si about?	What does Pope Francis mean when he writes 'less is more'?	Explore the contents of this website with your son- particularly the homepage: https://www.theworldcounts.com/challenges/planet-earth/state-of-the-planet/world-waste-facts/story Discuss your feelings/reactions to this information.
Year 11		What is Fratelli Tutti about?	How can I have a heart open to the world?	If the world were a village of 100 people how many do you think would.... Have access to the internet? Be able to read and write? Be malnourished?

Year 12	How can I keep my body healthy?	What do young men need to know about physical health?	What do I need to know about Prostate Cancer?	As part of his lesson this week, your son will have watched this short video which helps explain what prostate cancer is. Please ask him what he now knows about prostate cancer. https://www.youtube.com/watch?v=-ncZEO3Qx9U&ab_channel=ProstateCancerUK Your son will also have watched this advert from the charity 'Prostate Cancer UK.' Might it be time for you or someone you know to get checked out? https://www.youtube.com/watch?v=RFAFHfWWiqk&ab_channel=ProstateCancerUK
Year 13		What do young men need to know about physical health?	Contextual Safeguarding: Racism in the West End of Newcastle	Have a discussion with your son about racism in the local community? The following newspaper headlines might prompt your discussion; <ul style="list-style-type: none"> • City council promises new push to root out 'deeply embedded' racism in Newcastle (Chronicle Live, October 2022) • Northumbria Police report rise in hate crime as more than 3,300 victims targeted in last 12 months (Chronicle Live, December 2022) Consider how and why a diverse neighbourhood is beneficial to society.

Words of the Week

Please use and encourage your son to use their word of the week around the home. The more your son is exposed to this word, the quicker that word will become part of their vocabulary.

This week's words are:

Year 7	define
Year 8	structure
Year 9	vital
Year 10	qualitative

Numeracy Brainteaser

The answer to last week's puzzle was 6...if you add the first two boxes together then times your answer by 2 it should read as the answer in the last two boxes; $(0 + 8) \times 2 = 16$. Look out for the next one in next week's update.

Prayers

Pray with the Pope: The Holy Father's Monthly Prayer Intentions Brought to you by Apostleship of Prayer the first Friday of each month. You can access these prayers [here](#).

Prayer for the Week: This week's prayer is a prayer of the Vincentian Family.

*Gentle God, renew in us the spirit of our patron St Vincent de Paul,
- **kindle in us the fire of your love.***

*Tender God, show us how to weep with those who weep,
- **fill our hearts with compassion and love.***

*Creator God, you call women and men to be Vincentians,
- **give us eyes to see Christ in the broken and the poor.***

Amen.

*Our Lady, Seat of Wisdom, pray for us
St Cuthbert, pray for us.*

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