

St Cuthbert's Lenten Acts Of Kindness 2021

PRAY – FAST - GIVE



ST CUTHBERT'S
— CAT IOL C IGI SCI OOL —

22
How can you be a leader like St Peter?
Chair of St Peter

23
Be helpful around the house
St Polycarp



1
Donate some tins of food to school if you can
St David



2
Hold a door open for someone

3
Let someone ahead of you in a queue

4
Don't be defensive- own it when you've done something wrong

5
Give someone a nice compliment



27-28
'This is my beloved Son. Listen to him.'

8
Think about all that you have and be grateful for it

9
Clean up a mess you didn't make

10
Make someone a hot drink

11
Praise someone for their hard work

12
Go for a family walk

6-7
'Destroy this Temple and in three days I will raise it up.'

13-14
'For God so loved the world that he gave his only Son'

15
Donate some more tins of food to school if you can



16
Don't be bad tempered- let it go

17
Pray for those who work as missionaries
St Patrick



18
Tidy your room



19
Think about the qualities that make a good dad
St Joseph



22
Volunteer to do something new

23
Don't be selfish- it won't make you happy

24
Think of someone you love when saying your daily prayers

25
Say 'Yes' to something today- just like Mary did
Annunciation

26
Do a chore at home this weekend

20-21
'The Father will honour whoever serves me.'
St Cuthbert 20th



29
Donate even more tins of food to school if you can



30
Pray for all those who are suffering

31
Be sorry for your sins- it changes you and those you hurt

1
Talk about the Last Supper to friends and family
Maundy Thursday

2
Reflect on Jesus' sacrifice
Good Friday

27-28
"Truly this man was the Son of God!"
Palm Sunday

3-4
Holy Saturday
Easter Sunday
Happy Easter!

